

# How?

By:  
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Remember back in high school science, when we had to do a project using the scientific method (Or something like that)? The assignment was to explain and prove how something worked. I think either I was absent that day, or just too busy with more urgent matters (like how to get Bill Sanders' attention). Now as adults we seem to be wired to want to know how things work; including God.

Our brains are magnificent. But sometimes we rely too heavily on them for all answers. One of my biggest ongoing struggles is trying to figure things out. I love it when I can understand. Learning is good. Thinking is good. *But what about when our need to understand becomes a barrier between us and God?* "I will not believe unless I can know just how it is all going to work." Or "I cannot conceive of how He is going to get me to heaven (if it really exists)." Or, "I do not believe in a God I cannot see and touch and hear." Or, "I will believe as soon as I see proof." Essentially, if my fist sized brain cannot totally comprehend something, then it does not exist. Wow!

Try God's perspective: "I created everything. I lovingly planned out your existence and brought you to life. I gave my only Son to suffer a hideous death for you, and then brought Him back to life. I keep your heart beating. Actually, I run the whole universe pretty well. And to top it all off, I have given you an entire Book of information, proof and promises to draw you near to Me. Now all I ask is that you reach up to Me and complete the connection, so we can have an everlasting relationship."

He leaves the final simple last step to us. God never told us to figure everything out. In fact, He tells us not to rely on our understanding. What He wants is our heart. He wants *US*. We call it faith. It is the part of us that chooses. It may be crying out to Him. It may be saying "Yes, Jesus, I need YOU!" It is consciously accepting all that God has for me without understanding it all. It is receiving, believing and choosing God. On His terms. Simply saying, "Yes."

What a tremendous relief that *I do not have to know HOW!* I just have to know **what He says** and **that He is God**. I choose to trust Him. So far with my magnificent brain, I have not yet found a better option.

***Proverbs 3:5; 2 Cor. 5:7; Hebrews 10:22-23; Hebrews 11:1, 6***